

Monarch Butterfly Migration Tour and Workshop Mexico

“In the Midst of Monarchs – Flight of the Soul”



February 18 – 25, 2012
Travel with “Soul Specialist” author
Janet Conner - “Writing Down Your Soul”



Join Janet for a truly ethereal experience in the beautiful state of Michoacan, Mexico and witness a most incredible phenomenon! Stand in awe surrounded by millions of wintering Monarch Butterflies! The Monarchs 3,000 mile journey from the USA and Canada to their winter home in the mountains of Mexico, is considered one of the longest and greatest migrations in the natural world.

As you stand among a vibrant orange and black cloud of butterflies, the stillness of the forest, the humming of millions of butterfly wings and the bubbling of a mountain stream combine to create a fairytale experience!

There's scarcely a breeze but as the sun's warmth sets the creatures to flight, the woods murmur with the flutter of fragile wings, hundreds of thousands of them. The beating wings whisper....Listen to Us.....

Life is Here.....Come Let Your Soul Fly!

This trip has everything, a spectacular experience in nature, visits to archaeological sites and colonial cities and a "Personal Transformation" workshop with Janet Conner.

Butterfly Tour Workshop Cost: \$2,299.00

based on a minimum of 10

Single Supplement: \$375.00

TOUR INCLUDES:

- 7 Nights shared accommodation
- Private land transportation for group
- Services of English speaking local tour guide
- 7 Breakfasts / 3 Dinners / 2 Luncheons
- Private transfers / meet and greet at the Airport
- All Tours as indicated in the itinerary
- Entrance fees to Chincua and Macheros Butterfly Sanctuaries
- Personal Transformation workshop with Janet Conner

DOES NOT INCLUDE

- International Airfare to Mexico City
- Meals not specified in tour itinerary / beverages
- Tips to local guide, hotel staff, maids
- Horse rental at butterfly sanctuaries
- Optional visit to Piedra Herrada Butterfly Sanctuary
- Items of a personal nature, alcoholic beverages, phone calls
- Trip cancellation - emergency medical travel insurance

Tour Registration or Questions Contact:

Journeys of Discovery Travel

Gayle Lawrence – 727-785-5563

Email: info@ajourneyofdiscovery.com

www.ajourneyofdiscovery.com



Flight of the Soul

Personal Transformation Workshop

The Monarchs go through 4 distinct stages in their own personal transformation process. They begin as an egg, hatch as larva or caterpillar, become pupa (chrysalis), and mature into adult butterflies.

Janet will guide us in exploring these 4 stages of the butterfly's life cycle and how these stages mirror our own personal life experience.

The Monarchs teach us about staying the course as their personal evolution is filled with challenge. Yet they never give up or lose sight of their goal of turning into a beautiful butterfly.

Perhaps you will begin this tour feeling more like a caterpillar. But after a magical week with the butterfly's and the powerful experience of Janet's workshop, you will have spread your own Butterfly Wings and learned how to let your **"SOUL FLY"!**

Join Janet for this never to be forgotten spectacle of nature and a week filled with personal sformation for your Soul!

www.writingdownyoursoul.com

Janet Conner: 727-772-1118

Monarch Butterfly Tour Itinerary:

FEB. 18 Sat. - Meet the group at the Mexico City airport the tour bus will leave for Teotihuacan at 6pm, please schedule your flight to arrive by 5pm. Transfer to Teotihuacan hotel for overnight.

We will have a welcome cocktail and a briefing/overview of our butterfly tour by our guide and a group orientation by Janet to get to know our fellow travelers.

FEB. 19 Sun - Enjoy a leisurely breakfast before setting out for the days adventure as we visit the famous pyramids of Teotihuacan. Teotihuacan, meaning “The place where gods were born” will draw you into its mystery and natural harmony. Our mystical butterfly adventure begins as we visit the Temple of the Quetzl-Butterfly God. We will enjoy a late lunch before returning to our hotel. Overnight in Teotihuacan.

FEB. 20 Mon - After breakfast we will head to the town of Zitacuaro and the Rancho San Cayetano with its beautiful gardens and peaceful tranquility. Before dinner we will have a briefing on the butterfly’s and what to expect once we arrive at the sanctuaries.

FEB. 21 Tues. - This morning we will visit our first butterfly sanctuary, Sierra Chincua. The soaring pines and oyamel fir trees are breathtaking. Our trek into the sanctuary is exciting as we spot one butterfly, then five, then twenty until finally at the heart of the resting area we are in awe as the monarchs flit around us, dancing in the sunlight. When we come down off the mountain we will enjoy a snack of quesadillas with squash blossoms, served to us by the locals. We’ll check out the downtown square and market before having a dinner of tasty, traditional specialties to end our memorable day.

FEB 22 Wed. – After a leisurely breakfast, a 45 min. drive will take us to Macheros, the newest and least known of all the butterfly sanctuaries. Less crowded and intimate we have the chance to view the most phenomenal showings as Mother Nature shows us her most awe inspiring spectacle. This truly is a never to be forgotten experience! After lunch, we head for Valle de Bravo for overnight.

FEB 23 Thur. – Valle de Bravo is a National Heritage village and a favorite retreat for well-to-do residents of Mexico City. As we enjoy breakfast overlooking the beautiful lake, in the middle of this colonial village, you will definitely come to appreciate the artisic beauty of this town. The day will be spent exploring the exclusive shops, craft market, and sights of Valle. Later in the afternoon we will take a boat trip out onto the lake. Overnight in Valle de Bravo.

FEB. 24 Fri. - We will have a relaxing start to our day before setting off for Piedra Herrada Monarch Butterfly sanctuary for our final encounter with our butterfly friends. We will return to Valle de Bravo in time for lunch. The afternoon is free to explore Valle on your own. The main plaza and Casa de Artesanias are two favorite locations. Pamper yourself as Valle is well known for the quality of its spas. Our tour will end with a farewell dinner at a beautiful courtyard restaurant.

FEB. 25 Sat - Depart for Mexico City airport for the trip home.

Recommended Reading: - "The Butterfly's Daughter" Mary Alice Monroe

This trip requires that you are in good health and reasonably physically fit. The butterfly sanctuaries are at higher elevations and we ride horse’s part way up to the colonies ending with a moderate hike. This in itself is part of the adventure and well worth the final result!

Early registration is recommended as we have to confirm hotel rooms no later than Nov. 1, 2011
The Monarch Butterfly migration is a highlight for travelers – the hotels in the area fill up very early.